

Judith Tindall, Ph.D. ♦ Ralph Caraffa, Ph.D. ♦ James R. W. Linsin, Psy.D. Linda Sharpe-Taylor, Ph.D. ♦ Mikah Salonies, M.A., L.P.C. ♦ Robert Cracchiola, M.S., L.P.C.

"No Surprises Act" Notification Form

Under the law, healthcare providers need to give patients who don't have insurance or who are not using insurance an estimate of the bill for medical items and services.

As a patient/client:

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- You can ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service, or prior to the time of your first scheduled appointment.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Doing so will not adversely affect the quality of the services you receive.
- Make sure to save a copy or picture of your Good Faith Estimate.

Please note:

- This is only an estimate—actual charges may differ.
- The counselor may recommend additional services that are not in the Estimate.
- The Estimate does not obligate you to obtain the listed services.

For questions or more information about your right to a Good Faith Estimate or the dispute process, visit www.cms.gov/nosurprises or call (800) 368-1019.

To provide the highest quality and ethical psychological service.